

"Educating hearts and minds"

HOLY CROSS COLLEGE

ACCREDITED BY NAAC WITH 'A+' GRADE (CYCLE-2)

Tripura University Reg. Code: 17

Jubatara, P.O. Lembucherra, Tripura West Pin-799210

Phone: 0381-2915930, +91 9402315672

email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

Report on

Drive on- Nesha Mukta Bharat

The NSS volunteers presented an awareness program in the form of Drama/Skit on the Topic '**NESHA MUKT BHARAT**' on 20/12/2023. The programme schedule was like this:

1. Starting Speech
2. Drama
3. Ending Speech
4. Refreshment Distribution

The venue where the Skit was played was Sipahipara S.B. School. The skit was an important experience & around 15 volunteers got the opportunity to aware all the students in the School about the negative impact of consuming Alcohol & Drugs. Duration of the Skit was 30 min, after that one of our group member presented a speech on this topic in Kokborok.

To conduct this programme, Collage has provided the speaker set and other logistics for our Skit that made the Skit more presentable. The School authority arranged other necessary things required for the Skit & the Students were also very co-operative. Through this Skit the NSS volunteers also got the chance to explore the Sipahipara Village. The NSS volunteer have distributed refreshments to the school students at the end of our program. According to volunteers' opinion they have mentioned that 'We have received positive response from the school teacher & appreciated our work in spreading awareness. We are very grateful for their cooperation.'

Mrs. Sangita Chakraborty
Assistant Professor
NSS, Program Officer
Programme Officer
Holy Cross College
Jubatara, Lembucherra
West Tripura



Photo with the Sipaipara S.B. School Teachers and students.

Activity :- 'Nesha Mukta Bharat'

Venue :- Sipripara SB School

Date :- 20/12/2023

S. No.	Volunteer's Name
1.	Ayan Debbarma.
2.	Madhurima Deb.
3.	Ria San.
4.	Danyel Murasing
5.	Anupit Paul
6.	Tanussi Acharya
7.	Susmita Debbarma
8.	Komika Tripathi
9.	Teresa Debbarma
10.	Sahel Debbarma
11.	Boyar Debbarma
12.	Evelin Sarlong
1	



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REPORT

Awareness Drive on HIV/AIDS

"Don't cry; don't die when encountering HIV/AIDS. But bid farewell to it"


Dated: 30/12/23

On 21.12.23[Thursday] the NSS volunteers and some of the M.A degree students have organized the awareness programmed on HIV/AIDS at the Sipaipara SB School for the students [class 1- 8]. The theme of this awareness was – "Don't cry, don't die when encountering HIV/AIDS. But bid farewell to it". A total number of 32 Volunteers have used attractive placards with slogans, 'Stop AIDS keep the promises', 'Fight AIDS not people with AIDS', 'Prevention [aids] is better than cure". They rallied from the college to the Sipaipara village at 11:30am and reached our destination at 11:45am; then started the programmer at 12:10pm with the distribution of refreshment to the faculty members as well as students of class 8 and below.

Highlights of the programme:-

1. Welcome speech
2. Drama
3. Action songs.
4. Vote of thanks

1. The programme set up was on the one who was addicted to drugs. It also mentioned about the different ways and means to get rid from drugs. The message that we conveyed was 'seek guidance and counseling to overpower it'.
2. We returned from the village and reached the college back at 1:30pm and the entire participant felt happy. This was possible because of the initiative and willingness from the students and support from the NSS teachers In-charges.


Mrs. Sangita Chakraborty
Assistant Professor
NSS, Program Officer
Programme Officer
Holy Cross College
West Tripura
Jubatara, Lembucherra
West Tripura



 **GPS Map Camera**



Google

Debendrachandranagar, Tripura, India
W89H+37V, Debendrachandranagar, Tripura 799210, India
Lat 23.917805°
Long 91.32815°
21/12/23 12:57 PM GMT +05:30

Activity - HIV/AIDS

Venue - Sipai para S.B school

Date - 21/12/2023

No. Volunteer Signature

1. Kestab Gowala
2. Bishal Debbarna
3. Sayantika Debnath
4. Christina Danlong
5. Diprajit Majumder
6. Koushik Bhattacharya
7. Neha Marak
8. Aisha Debbarna
9. Khaswong Debbarna
10. Anisha Debbarna
11. Pankaj Debbarna
12. Tumina Hrangkhawl
13. Saugata Bhattacharjee
14. Snehalata Dhanuk
15. Maya Sharma
16. Anishi Chakma
17. Arnab Debnath
18. Dipjoy Bhattacharjee
19. Smeeta Modak
20. Deepjoy Banik
21. Abichal Roy
22. Sankhasubhota Bhattacharjee
23. Rabit Debbarna
24. Mukesh Tripathi
25. Bipul Kanti Chakma
26. Binaya Debbarna
27. SUNANDA DEY
28. Popel Tripathi
29. Sachin Murasing
30. Daniel Suting
31. Doreikupare Marbaniang
32. Victor Suting



HOLY CROSS COLLEGE

Department of Teacher Education
Durjoynagar, Agartala, West Tripura – 799009

Ref. HCC/NSS/FEB/ 2024/ 01

Date : 07/02/2024

To
Principal
Holy Cross College, Agartala

Sub : Seeking permission to organise a Swachhata Abhiyan at nearby village of Holy Cross School.

Respected Father,

With due respect and humble submission, I would like to inform you that the NSS unit of Holy Cross College is interested to organise a Swachhata Abhiyan program on 08/02/2024 at 1: 00 PM. The Swachh Bharat Mission has had a positive impact on public health. By improving sanitation facilities and promoting cleanliness, the mission has helped reduce the spread of diseases and improve overall hygiene practices. This, in turn, leads to healthier communities and a lower healthcare burden. We want to awaken everyone about its importance .It is a part of NSS regular activity prescribed by Government of India and State NSS Cell, Agartala.

Therefore, I seek your permission to conduct the above mentioned program on the given date. This is for your kind perusal and doing the needful.

Yours Sincerely,

Sandip Deb
(Dr. Sandip Deb)
Coordinator, NSS Unit
Dept. of Teacher Education

Benny K. John
07/02/2024
(Dr. Fr. Benny K. John, CSC)
Principal
Holy Cross College, Agartala
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

NSS - PROGRAMME

8th FEB, 2024

DATE: 08/02/2024.

From Name: SWACHHATA ABHIYAN

Venue:

Rabidas Para Village,
Duganagar, West Tripura.

Nss unit of Holy Cross college organise a Swachhata Abhiyan programme today at 1 Pm at nearby village of Holy Cross barchal, Duganagar, West Tripura. It is a part of Nss regular activity prescribed by Govt. of India & State Nss Cell, Agt.

<u>Sl.</u>	<u>class Rollno.</u>	<u>Name</u>	<u>Date</u>	<u>Signature</u>
1.	19	Khumpui Debbarma	8/2/24	Khumpui D/b
2.	48	Tulshi Thapa.	8/2/24	Tulshi Thapa
3.	22	Menoka Rongpipi	8/2/24	Menoka Rpi
4.	25	Palam Debbarma	8/2/24	Palam
5.	35	Tamannya Ghosh	8/2/24	Tamannya
6.	31	Riya Choudhury	8/2/24	Riya choudhury
7.	38	Shyamal Roy.	8/02/2024	Shyamal Roy.
8.	41	Souryajit Nandy.	8/02/24	Nanda
9.	39	Shamwatha Kao	8/02/24	Sham
10.	17	Khakhang Jamata	8/02/24	Khakhang
11.	06	Ch Subhojit Singh	8/02/24	Ch Subhojit
12.	07	Chayan chakraborty	8/02/24	Chayan
13.	28	Priyanka Deb	8/02/24	P. Deb.
14.	32	Rupak Rudra Paul	8/02/24	Rupak.
15.	27	Priyanka Bhuiya	8/02/24	P. Bhuiya.
16.	42	Sourik Bhattacharjee	8/02/24	S. Bhattach.
17.	35	Santonee Bhattacharjee	8/02/24	S.
18.	10	Deepjyoti Paul	8/02/24	D. Paul
19.	06	Ankita Bhattacharjee	8/02/24	A.B.
20.	21	Martina Parise Datta	8/02/24	M. Datta
21.	43	Supriti Sarkar	8/02/24	Dr. Dr.
22.	77	Debarsha Bhattacharjee	8.02.2024	Debarsha

Dr. Sandip Deb
Coordinator
08/02/2024



Holy Cross College

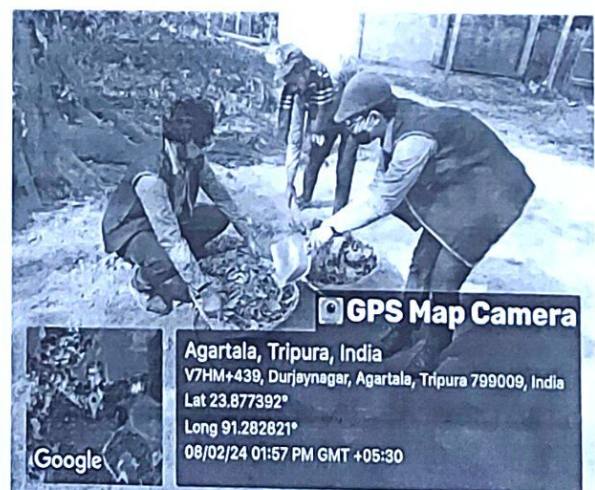
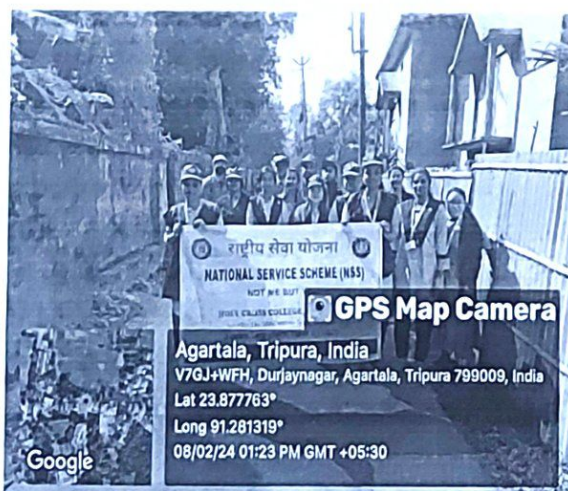
Department of Teacher Education

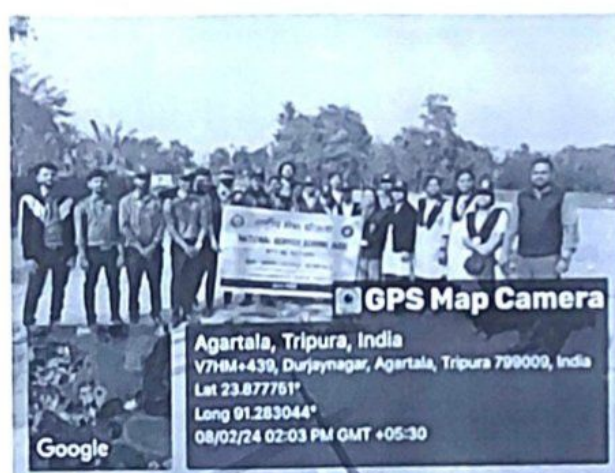
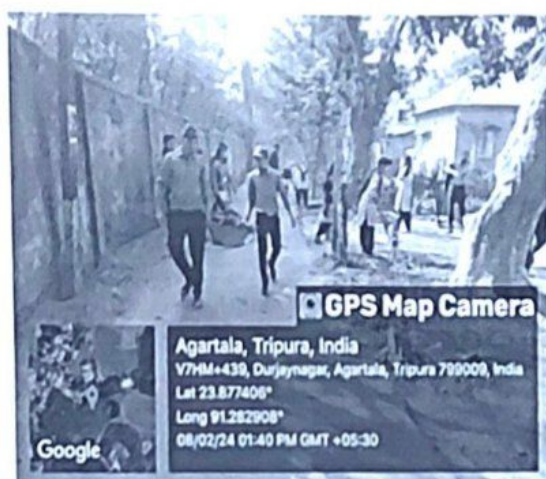
National Service Scheme (NSS) Swachata Abhiyan Programme Report

Venue: Rabidas Para Village, Durjoynagar, West Tripura

Date : 8th February, 2024

Today we the students of B.Ed semester 2, the NSS unit of Holy Cross College, Dept. of Teacher Education the national service scheme "Swachata Abhiyan" a awareness campaign with emphasis on cleanliness and disposal of domestic waste materials in the village was undertaken at Rabidas para Durjaynagar in Agartala on 8th February 2024 at 1 PM . keeping in mind that the objectives of the mission, a "Not me but You" was administrated by our coordinator Dr. Sandip Deb the Assistant Professor B.Ed department to all the participants. We started by collecting the plastics, gathering of waste particles, sweeping road and other area where every volunteers actively participated in cleaning the village. Our Sir Sandip instructed and help us to interact with few locals of the village. Towards the end we were given refreshment and we concluded our campaign with the group photos. This program is conducted by Dept. of Teacher Education. 22 students participated in this programme. It was a great experience for us. This program is conducted by Dept. of Teacher Education. 22 students participated in this program.





Prepared by

Khakchang Jamatia

(KHAKCHANG JAMATIA)

B.Ed , 2nd Semester

NSS Volunteer,

Holy Cross College

Sandip Deo

(DR.SANDIP DEB)

Coordinator, NSS Unit

Dept. of Teacher Education

Tapashi Saha

(MRS. TAPASHI SAHA) 9/2/24

HOD

Dept. Of Teacher Education

HOLY CROSS COLLEGE
 Agartala.



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Report on Voluntary Cleanliness Drive

The NSS Unit of Holy Cross College has organised a Voluntary Cleanliness Drive on **05-04-2024** as part of the "Mera Pehla Vote Desh ke Liye" campaign. The event aimed to promote civic responsibility among students and ensure a clean and safe environment at the **Lefunga R.D. Block**, a designated voting booth for upcoming elections.

Around 15 NSS volunteers from Holy Cross College took part in this noble initiative. The primary objective of the drive was to prepare the Lefunga R.D. Block for its role as a voting booth by ensuring it was clean and accessible. The drive was conducted to encourage a safe and comfortable environment for voters, facilitating easy and unhindered access on voting day. The volunteers arrived at the Lefunga R.D. Block equipped with necessary cleaning materials, including brooms, gloves, dustbin, and other tools. They engaged in various activities, including: Removal of Unwanted Plants: The volunteers removed thorny plants that could hinder movement around the voting area.

The cleanliness drive made a significant impact by transforming the Lefunga R.D. Block into a welcoming and accessible space for voters. The efforts of the volunteers not only enhanced the cleanliness of the area but also set an example of civic engagement and community service.

The NSS Unit of Holy Cross College remains committed to participating in such initiatives that benefit the community and foster a spirit of service and responsibility among students.

Mrs. Sangita Chakraborty

Assistant Professor

NSS, Program Officer

Holy Cross College

NSS Unit

Jubatara, Lembucherra
West Tripura.



Activity :- Voluntary Cleanliness Drive
Under the Campaign of "Merca Pehla
Lok Sabha Election - 2024 Vote Desh ke Liye"

Date :- 05-04-2024.

Venue :- Lefunga RD Block

24

Volunteer's Signature

1. Lipi Jamatia
2. Sharmila DIB
3. Supriya Jamatia
4. Sampati Debbarma
5. Mandhagini Debbarma
6. Johnson Debbarma
7. Frejia Debbarma
8. Purnyashakti Sinha
9. Bidhu Jamatia
10. Aniket Debbarma
11. Jamson Debbarma
12. Kewthar Debbarma

History NSS-VAC
Project Work

1. Sumon Datta (R.P.S)

2. Arimal DIB Barua (R.P.S)

3. Anuradha DIB (R.P.S)

4. Rajit Debbarma (GRI)

5. Retha Debbarma (mate)



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DEPARTMENT OF HUMAN PHYSIOLOGY

No. F.8/HCC/HP/2024/2

Date: 14.05.2024


To
The Principal
Holy Cross College, Agartala

Rev. Father,

This is to inform you that Dept. of Human Physiology is going to organize 'Community Outreach Programme' (Health and Nutrition assessment of families) on 17th May, 2024 (Friday) at 1 pm. in the nearby Jubatara, village Lembucherra. Through this we will assess the BMI, blood pressure and dietary pattern of the households and will also aware villagers to maintain proper diet for healthy life.

May we request your kind permission to do the above-mentioned programme.

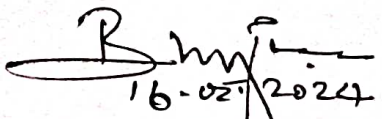
Yours faithfully,


14/05/2024
Dr. Susmita Saha
HoD, Human Physiology
Holy Cross College, Agartala

HEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA
Copy to-

1. Vice Principal & Administrator for information.
2. Academic Coordinator for information.
3. Departmental file
4. IQAC for record.

Approved by:


16-05-2024
Dr. Fr. Benny K. John, CSC
Principal
Holy Cross College, Agartala

PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA



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DEPARTMENT OF HUMAN PHYSIOLOGY

Report on Community Outreach Programme (Body Mass Index assessment of families)

Date: 17th May 2024

Total Participants: 15nos

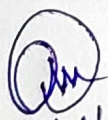
A Community Outreach Programme was conducted by the Department of Human Physiology to assess the health and nutritional status of the villagers of the Jubatara Village, Lembucherra, Tripura. The first-year students, one second-year student, and some of the final-year students of the Human Physiology Department visited the families along with all the teachers of the Department. The program was conducted to assess a family's dietary habits and nutritional status. The family members' Body Mass Index (BMI) was measured according to their height and weight. A total of 11 families were selected randomly from the local area. Each family had different numbers of members, with various age groups. The oral questionnaire method was used to conduct the program efficiently. Finally, with respect to their BMI, the category of their body mass was evaluated; they were also instructed to consume food properly. The villagers also actively participated with the team. Through this outreach program, the department also wants to convey a social message of well-being among the villagers.

Prepared by

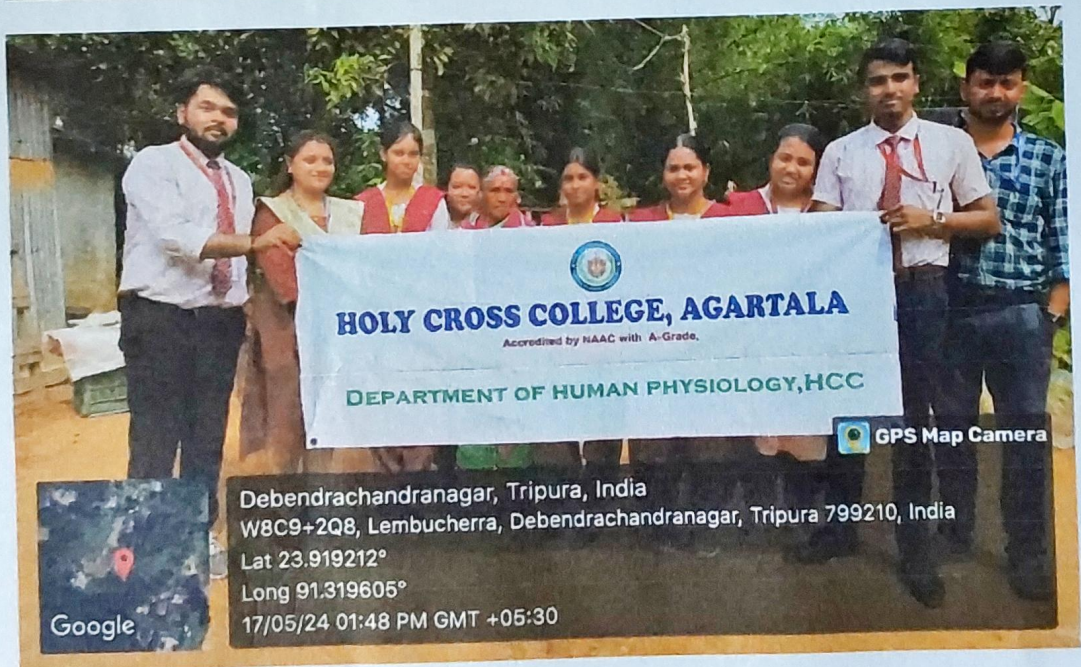
Dola De

1st year student

Department of Human Physiology


07/06/2024

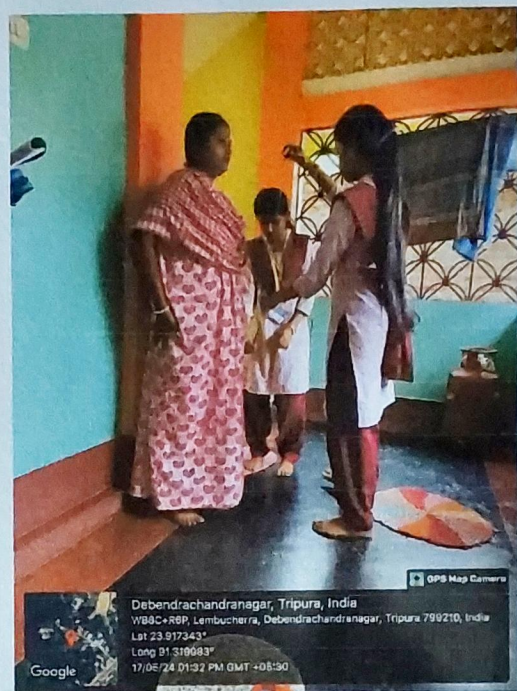
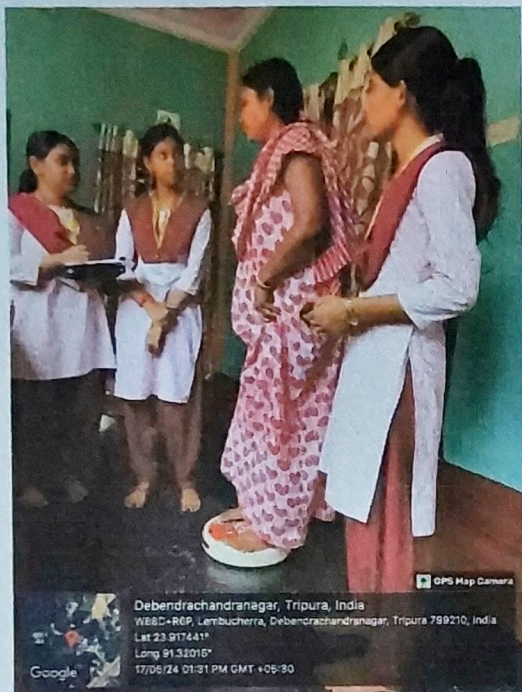
HEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA



07/06/2024

HEAD

Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA



[Signature]
 19/05/2024

Department of Human Physiology,
 HOLY CROSS COLLEGE, AGARTALA

**Students List of Community Outreach Programme
Conducted by the Department of Human Physiology
Holy Cross College, Agartala
17th May 2024**

Sl. No.	Name of the Participants
1	Chayanika Acharjee
2	Moumita Debnath
3	Riya Acharjee
4	Dola De
5	Hillol Chakraborty
6	Jahnabi Jamatia
7	Rinaldo Suchiang
8	Shibangi Das
9	Sristy Sardar
10	Sudipta Sarkar
11	Tanushree Sarkar
12	Tushar Sarkar
13	Deeptanu Datta
14	Souradeep Chakraborty
15	Somnath Bhattacharjee



7/06/2024

HEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA



PLANT SAPLING DISTRIBUTION, PLANTATION PROGRAM AND INTERACTIVE SESSION

**at Sipai Para Village
on 29th May 2024,**

*organized by Department of Zoology
Holy Cross College, Agartala*

*in collaboration with College Biotech Club ,HCC
sponsored by Directorate of Biotechnology, Govt. of Tripura*



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To

The Principal
Holy Cross College, Agartala,

Subject: Permission for organizing a plantation program and an interactive session at Sipai Para Village to promote house hold butterfly gardens by the Dept. of Zoology in collaboration with College Biotech Club.

Respected Father,

This is to let you know that department of Zoology, Holy Cross College in collaboration with College Biotech Club, sponsored by Directorate of Biotechnology, Govt. of Tripura, is planning to organize a plantation program and interactive session at Sipai Para Village to promote house hold butterfly gardens on **29th May, 2024, Wednesday** as a part of the project, 'Establishment of Butterfly Park in Holy Cross College Campus.'

Kindly grant us permission for arranging the same.

Approved
B. M. Nath
24/5/2024
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

Rumki Nath Sen
24/05/24
Dr. Rumki Nath Sen
Head, department of Zoology,
Holy Cross College, Agartala



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To

The Chairperson

Village Development Office,

Sipai Para Village,

Mohanpur Block, West Tripura District,

Tripura 799210

Subject: Request for arrangement of venue for arranging a plantation program and interactive session with the Students and Faculty Members of Zoology Department under Collage Biotech Club Project, sponsored by Directorate of Biotechnology, Govt. of Tripura on 29th May, 2024.

Respected Madam,

It is an immense pleasure to let you know that Holy Cross College, Agartala has planned to arrange a plantation program and interactive session with the Students and Faculty Members of Zoology Department under Collage Biotech Club Project, sponsored by Directorate of Biotechnology, Govt. of Tripura on 29th May, 2024.

In this regard, may we request your cooperation to arrange the venue for the above mentioned program and to please come forward with active participation.

Thanking You,

Sushmi Bebbarna

Dr. Parichita Ray Choudhury

Dr. Parichita Ray Choudhury, 24/5/24

Asst. Prof. Zoology Dept.

PI. College Biotech Club Project



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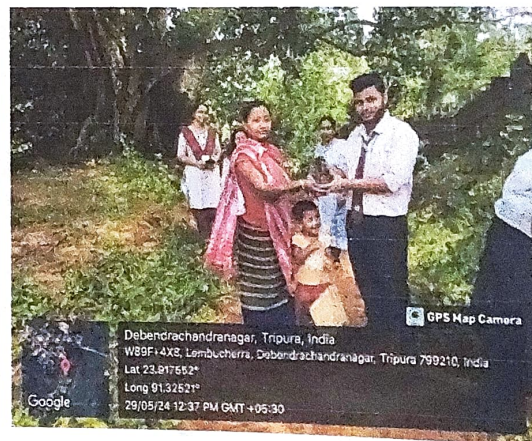
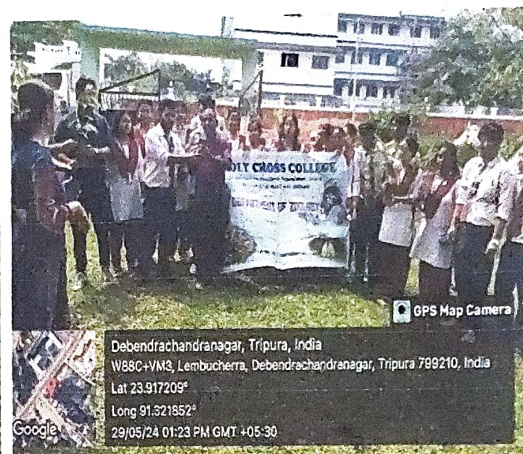
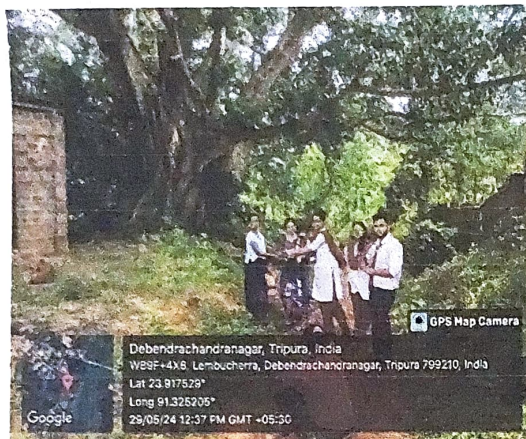
Web: www.holycrosscollege.in

Report on plant sapling distribution, plantation program and interactive session at Sipai Para Village to promote butterfly garden, Organized by Department of Zoology, Holy Cross College, Agartala on 29th May 2024 in collaboration with College Biotech Club, sponsored by Directorate of Biotechnology, Govt. of Tripura.

Butterfly gardens not only add aesthetic value to the environment, it also reduces habitat fragmentation and degradation, thus offering a holistic growth of the ecosystem. Butterfly being an excellent pollinators, such gardens are also helpful for the farmers. Keeping this in view, Department of Zoology of Holy Cross College, Agartala organized a plant sapling distribution, plantation program and interactive session at Sipai Para Village to promote butterfly garden among the villagers. This outreach program was conducted in Sipai Para Village as a part of the awareness program on the significance of butterfly gardens at house hold levels as a part of the College Biotech Club Project, titled, Establishment of Butterfly Park in Holy Cross College Campus with a view of conservation of sustainable utilization of biodiversity of the area.'

The program was organized near the Anganwari Centre and the Panchayet office of the Sipai Para Village on 29th May at 12 pm. About 50 plant saplings were procured from the Forest Department, Govt. of Tripura for the program. A total of thirty students of Zoology Department who are also the members of College Biotech Club actively participated in the program. They were guided by Dr. Parichita Ray Choudhury and Dr. Rumki Nath Sen, the P.I. & the Co PI., College Biotech Club Project respectively as well the other members of Zoology Department of Holy Cross College, Agartala. The students distributed 50 plant saplings, encouraged the villagers for planting them. They also interacted with the villagers and made them aware of the ecological role of butterflies and the importance of having butterfly gardens around their kitchen garden, home and agricultural lands. The plant saplings procured for the program comprised of the species which are preferred by the local butterfly species as their host plants and nectar plants. After the interactive session, both the villagers and the students were provided with refreshments.

The report is prepared by Dr. Parichita Ray Choudhury, Asst. Prof. of Zoology Department and Principal Investigator, College Biotech Club Project.



Dr. Parichita Ray Choudhury
06/06/24
HoD, Department of Zoology

Holy Cross College, Agartala

HOD, Department of Zoology
Holy Cross College
Agartala.

Dr. Parichita Ray Choudhury
6/6/24
PI, College Biotech Club
Project: Holy Cross College
Agartala.

Plant Sapling Distribution, Plantation Program and Interactive Session

Venue: Sipai Para Village

Organized by Department of Zoology, Holy Cross College
in collaboration with College Biotech Club

DATE: 29/5/2024

SL. NO.	ROLL NO.	NAME	Attendance /Signature
1	221500901	Anindita Dey	Anindita Dey
2	221500902	Anjel Debbarma	Anjel Debbarma
3	221500903	Ankita Saha	Ankita Saha
4	221500907	Ardra Debbarma	Ardra Debbarma.
5	221500910	Baby Baul	
6	221500913	Bidushi Datta	Bidushi Datta
7	221500914	Chandini Reang	
8	221500917	Debjani Bhattacharjee	Debjani Bhattacharjee .
9	221500926	Jasly Debbarma	Jasly Debbarma
10	221500928	Mrinalini Bhattacharya	Mrinalini Bhattacharya.
11	221500931	Pali Debbarma	Pali Debbarma
12	221500933	Prapti Roy	Prapti Roy
13	221500934	Pratiksha Deb	Pratiksha Deb
14	221500936	Purnima Tripura	Purnima Tripura.
15	221500937	Rimi Ghosh	Rimi Ghosh
16	221500941	Sabrina Debbarma	Sabrina Debbarma
17	221500948	Sweta Baidya	Sweta Baidya
18	221500951	Srija Majumder	Srija Majumder.
19	221500956	Vanromawi Darlong	Vanromawi Darlong
20	221500957	Akash Paul	Akash Paul .
21	221500958	Anurag Debbarma	Anurag debbarma
22	221500966	Colin Subhash Powel Reang	Colin subhash Powel Rea
23	221500967	Debalin Debnath	Debalin Debnath
24	221500970	Khachuk Debbarma	Khachuk debbarma
25	221500973	Nelson Jamatia	Nelson Jamatia
26	221500974	Pohor Tripura	
27	221500975	Pratik Chakraborti	Pratik Chakraborti.
28	221500977	Pritanu Dey	Pritanu Dey
29	221500981	Sahil Singha	Sahil Singha



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Tripura University Reg. Code: 17
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Phone: 0381-2915930, +91 9402315672
email- principalhccag1@gmail.com
Web: www.holycrosscollege.in

To
The
Principal
Holy Cross College, Agartala

Date: 25/07/2023

Sub: Seeking permission to organise a plantation program centred on "Meri Mati Meri Desh".

Respected Father,

With due respect and humble submission, I would like to inform you that the NSS unit of Holy Cross College is interested to organise a plantation program centred on "Meri Mati Meri Desh" at the adopted village Sipai Para ADC Village Premises on 28/07/2023 at 11: 00 AM, as a part of NSS regular activity prescribed by Government of India and State NSS Cell, Agartala.

Therefore, I seek your permission to conduct the above mentioned program on the given date.

Further, I would also like to request that you kindly provide 50 saplings to successfully organise the 'Meri Mati Meri Desh' programme.

This is for your kind perusal and doing the needful.

Dr. Subhankar Mishra
25/07/2023
NSS Program officer (Acting)

Holy Cross College, Agartala
Programme Officer
Holy Cross College
NSS Unit
Jubalara, Lembucherra
West Tripura.

Approved
Principal
25/07/2023

Holy Cross College, Agartala
PRINCIPAL
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email- principalhccagt@gmail.com
Web: www.holycrosscollege.in

Activity Report

Activity: A Plantation program Centred on "Meri Mati Mera Desh" theme.

Date: 28/07/2023

Venue: Sipai para ADC Village Premises

Report: A Plantation program was conducted by the NSS unit of Holy Cross College, Agartala centred on the theme 'Meri Mati Mera Desh' at the adopted Village (Sipai Para ADC Village premises) on 28/07/2023. On this program 50 saplings were planted, where 15 No's of NSS Volunteers and around 35 No's local village inhabitants participated.

Eminent personalities like the principal of Holy Cross College, Sipai Para ADC Village Chairperson, Block President, and many more social workers were present and participated in this programme.

Few Geo Tag pictures of this event:



GPS Map Camera

Debandrachandranagar, Tripura, India

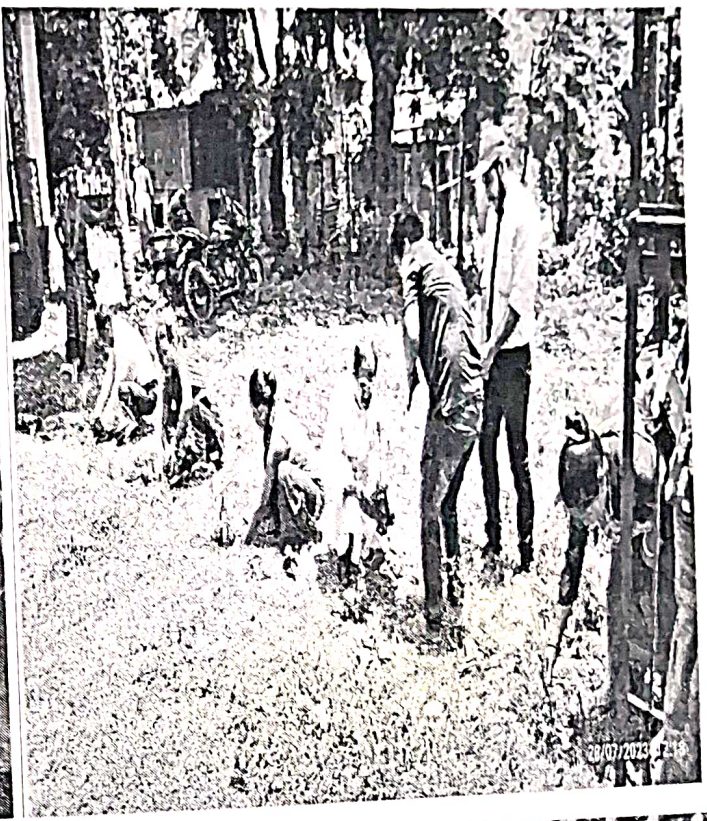
W88C VVMB, Lembucherra, Debandrachandranagar, Tripura
799210, India

Lat 23.917234

Long 91.321867

28/07/23 12:17 PM GMT+05:30

Google



Dr. Subhash Dutta
31/07/2023
NSS Program officer (Acting)
Holy Cross College, Agartala
Programme Officer
Holy Cross College
NSS Unit
Lumburra, Lembucherra
Agartala Tripura

Principal
31/07/2023
Holy Cross College, Agartala
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

Activity Report : plantation centred on "Meri Mati Mera Desh"

Date: 28/07/2023

Signature of the volunteers

1. Runal Bhattacharya
2. Raj Narayan Saha
3. Tondim Borik
4. Poonam Chakma
5. Kothar Jamalia
6. Krongung Jamalia
7. Utkarsh Kumar
8. Pritam Nayak
9. Pratik Chakrabarti
10. Ishita Halder
11. Maulina Debnath
12. Kousik Das
13. Bipin Paul
14. Diptanu Debnath
15. Manas Pratim Barishya
16. Ramyaji Roy
17. Mahima Choudhury
18. Reshmi Debnath
19. Rupanjali Dhar

Vanua, Sipei para ADP village premises

* plantation were conducted with the help of local panchayat. A good number of people actively participated on this plantation program.



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Report on the Swachhata Hi Seva Drive - Mahatma Gandhi's Birth Anniversary- 2023

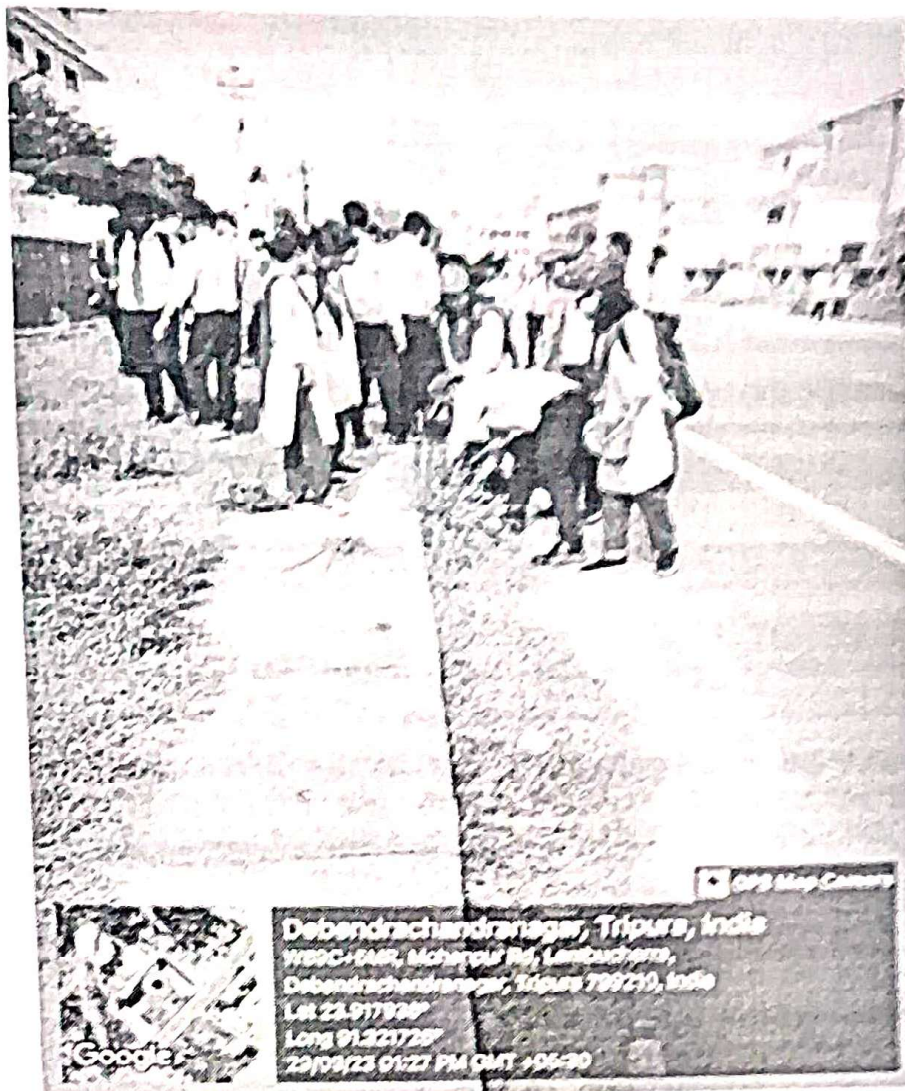
On September 29, 2023, a special Swachhata Hi Seva drive was jointly organized by the National Service Scheme (NSS) and National Cadet Corps (NCC) units at our college to commemorate the birth anniversary of Mahatma Gandhi.

The primary objective of this Swachhata Hi Seva drive was:

- To honor the ideals and principles of Mahatma Gandhi by promoting cleanliness, hygiene, and social responsibility.
- To contribute to the nationwide Swachh Bharat Abhiyan, aligning with Mahatma Gandhi's vision of a clean and self-sufficient India.

Around 71 active NSS volunteers and NCC boys & Girls Cadets have participated in this event upheld Gandhi's legacy by promoting cleanliness, hygiene, and social responsibility. During the Swachhata Hi Seva drive on September 29, 2023, student volunteers, along with the active participation of some dedicated faculty members, extended their efforts beyond the college campus. They took the initiative to clean the areas adjacent to the main road surrounding the college.

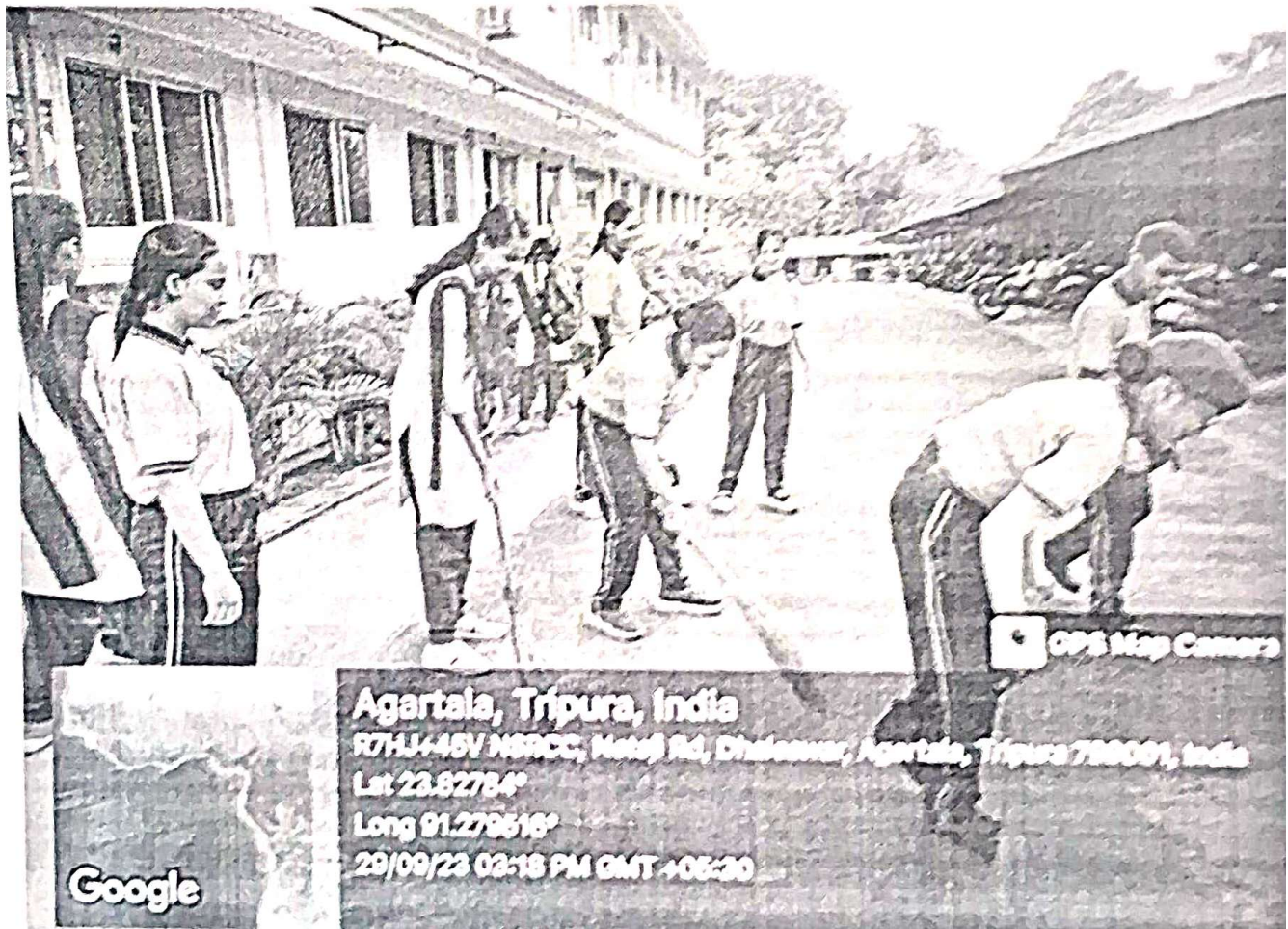
Mrs. Sangita Chakraborty
Assistant Professor
NSS, Program Officer
Program Officer
Holy Cross College
Jubatara, Lembucherra
West Tripura



GPS Map Camera

Debendrachandranagar, Tripura, India
WBC-644, Mohapuri Rd, Lambachpara,
Debendrachandranagar, Tripura 799250, India
Lat 23.917928°
Long 91.221728°
29/09/23 01:27 PM GMT +05:30

Google



GPS Map Camera

Agartala, Tripura, India
R7HJ+45V NRDC, Netaji Rd, Dhaleswar, Agartala, Tripura 790001, India
Lat 23.82784°
Long 91.279616°
29/09/23 02:18 PM GMT +05:30

Google

Activity report : "Swachhala Hi Seva", cleanliness drive

Date : 29/09/2023

venue: Holy cross college campus and outside

Signature of volunteers

① Dipjoy Bhattacharyjee	36. Suprajit Chowdhury
② Bilton Noatia	37. Suparna Das
③ Anab Debnath	38. Ranjita Debnath
4) Anjali	39. Debjani Debnath.
5) Sayan Debbarma	40. Pamomita Paul.
6) Kingshuk Singh	41. Daniel. Suting
7) Rajot Debnath	42. Aditya Konjambam
8) Aravind Debnath	43. Rumai Debbarma.
9) Wifohn Dkhon	44. Sayan Debbarma
10) Betbhalin Langrin	45. Suryadeep Bhowmik
11) J. Pushpamary	46. MD Nohid Uddin.
12) Babu Debbarma	47. Krishanu Debbarma
13) Jui Chakma	48. Paramjit Bhowmik
14) Hamari Jamalia	49. Victor Suting
15) Subhrajoti Sarkar	50. Shuvam Saha
16) Symon Tripathi	51. Apurva Paul
17) Disha Majumdar	52. Bidipta Saha
18) Megha Chowdhury	53. Tanishka Aqnik
19) Sudmita Shome Bhowmik	54. Sneha Saha
20) Nishakha Ghosh.	55. Sankhasree Dey
21) Maya Sharma	56. Tusha Saha
22) Anjali Chakma	57. Meheli Bhowmik
23) Durba Das	58. Ayesha Singha
24) Ashmita Dey	59. Mainak Sushkhar
25) Jui Sankar	60. Subham Saha
26) Kheleka Paul.	61. Tania Saha
27) Pranajit Das.	62. Disha Majumdar
28) Soham Majumdar	63. Donikumar Marbaniang
29) Biswal Debbarma	64. Mayar Debbarma
30) Danyel Mutasising	65. Ayenka Saha
31) Karab Gouda	66. Priiti Saha.
32) Gobinda Paul	67. Joydeep Paul
33) Jackson Debbarma	68. Rupa Bhattacharyje
34) Agan Debbarma	69. Jyotsmita Ghosh.
35) Pishal Chowdhury	70. Sonia Saha
	71. Ankit Saha



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Report on 'Swachh Bharat, Swasth Bharat' (Fit India Swachhata Freedom Run 4.0)

The NSS Volunteers of Holy Cross College undertook the initiative of organizing the 'Swachh Bharat, Swasth Bharat' (Fit India Swachhata Freedom Run 4.0) activity at the Sipaipara SB School (situated in Adopted Village) on 13th October 2023. The event aimed to promote cleanliness and health awareness among the students and community members, emphasizing the importance of maintaining a clean environment for a healthier society.

The event commenced at the designated venue with the gracious presence of the Headmistress, esteemed faculty members, and enthusiastic school students and college students. Around 40 college students/ NSS Volunteers were present during the event. The NSS Volunteers have performed a thought-provoking skit centered on the significance of cleanliness. The skit effectively conveyed the message of responsibility towards maintaining cleanliness in our surroundings.

The school headmistress and the NSS Programme Officer of the college delivered insightful and valuable speeches on the significance of the Swachh Bharat, Swasth Bharat initiative. Both of them have mentioned the role of every individual in contributing to a cleaner and healthier environment, inspiring the audience to actively participate in such noble endeavors.

Mrs. Sangita Chakraborty
Assistant Professor
NSS, Program Officer
Programme Officer
Holy Cross College
Jubatara, Lembucherra
West Tripura



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Web: www.holycrosscollege.in

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To,
The Headmistress,
Sipaipara SB School
Debendrachandranagar, Tripura- 799210

Subject: Request to Organize a Program on "Swachh Bharat, Swasth Bharat" (Under 'Fit India
yachhata Run')

Dear Madam,

We are writing to request your kind permission and support to organize a program on the topic "Swachh Bharat, Swasth Bharat" in Sipaipara SB School with the inclusion of your students. As we are all aware, cleanliness and good health are fundamental aspects of a prosperous nation, and this program aims to create awareness and promote active participation in maintaining a clean and healthy environment.

We kindly request your permission to use the school facilities for this programme. We will ensure that the program is conducted smoothly without causing any disruption to the regular school activities.

Thank you for your time and attention.

Sangita Chakraborty.

NSS Programme Officer,

Holy Cross College, Agartala

B. Im...

Principal

Holy Cross College, Agartala

PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

Received by
H/M on 10/10/23

Sabita Deb...
Sabita Deb
Headmistress
Sipaipara S.B. School
1/S. Mouanpur
West Tripura.



Headmistress of Sipaipara SB School is delivering her speech on Swachhata.



NSS Volunteers are performing Skit on Swachhata.

Activity :- 'Swachh Bharat, Swasth Bharat' (Fit India Swachhata Freedom Run 1.0)

Venue :- Sipraipara SB school

Date :- 13/10/2023

Sl. No.	Volunteer's Name	Sl. No.	Volunteer's Signature
1.	Subhrajoti Sarker		Subhrajoti Sarker
2.	Bishwasha Ghosh		Bishwasha Ghosh
3.	Trisha Chakrabarty	36.	Piya Sultana
4.	Nancy Acharya	37.	Ankanil Paul
5.	Saahil Ali	38.	Nabendu Bhattacharjee
6.	Liza Barik	39.	
7.	Snigdha Roy		
8.	Sybil Debbarma		
9.	Payal Debbarma		
10.	Dejali Debbarma		
11.	Khemtiya Debbarma		
12.	Khumbar Debbarma		
13.	Dipanjana Saha		NSS volunteers those who have performed Skit on Swachhata :-
14.	Ranjita Debnath		
15.	Piya Bhattacharjee	17.	Ayasha Borthan
16.	Nikita Ghosh	2)	Sonia Saha
17.	Subhra Debnath	13)	Ananna Dey
18.	Sneha Deb	4)	Maitri Paul
19.	Supriti Choudhury	5)	Suparna Das
20.	Jewel Dey	6)	Suchandrima Datta Bhattacharya
21.	Durba Das	7)	Sneha Modak
22.	J. Pushpamary	8)	Ayesha Saha
23.	Rahul Kalai	9)	Kohelika Paul
24.	John Samatia	10)	Jayamita Ghosh
25.	Amrit Joseph Marak	11)	Ayesha Shaini Sarkar
26.	Samuel Debbarma	12)	Disha Mazumdar
27.	Gobinda Paul	13)	Koheli Kanika Reang
28.	Sneha Debbarma	14)	Adwita Nag
29.	Ruhit Debbarma		
30.	Rinita Tamatia		
31.	Sumai Debbarma		
32.	Dorald Reang		
33.	Palash Debbarma		
34.	Bishti Loch		
35.	Angladeep Chakroborty		



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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

Report on 'Cloth Donation Drive'

The noble initiative of cloth donation was undertaken by the dedicated volunteers of the National Service Scheme (NSS) of Holy Cross College. The event was held in **Fatikcherra Village, Mohanpur Block on 18/10/2023**, with the primary objective of collecting gently used clothing from the students and faculty members of the college to donate to the underprivileged community in the village. This effort aimed to provide warmth and aid to those in need, fostering a spirit of compassion and solidarity within the community.

Over a month, the NSS volunteers passionately collected a significant amount of well-maintained clothing. Once the collection reached a substantial quantity, the volunteers, along with the donated clothes, made their way to Fatikcherra Village. The village residents had been informed beforehand, and they had gathered to participate in the event.

The event was graced by the presence of the Vice Principal and the Administrator, who extended their support and encouragement to the cause. Additionally, as part of the college's benevolent efforts, essential ration items such as rice, oil, potatoes, onions, and lentils were distributed to approximately 100 deserving families, contributing to their sustenance and well-being. The program not only aimed at providing material support but also focused on fostering a sense of joy and happiness.

Mrs. Sangita Chakraborty

Assistant Professor

NSS, Program Officer

Holy Cross College

Jubatara, Lembucherra
West Tripura



Activity :- Cloth Donation cum Ration Item Distribution prog.

Date :- 18/10/2023

Venue :- Fatikcherra village.

SL-NO.	Volunteer's Signature	SL-NO.	Volunteer's Signature
1.	Diya Suddhan	35.	Sohan Majumder
2.	Arpita Sukla Das	36.	Kunaljit Sinha
3.	Mounita Saha	37.	Beauty Sarkar
4.	Smriti Das	38.	Brishti Loh.
5.	Dipanjali Deb	39.	Arghadeep Chakraborty
6.	Aprita Paul	40.	Angshdeep Sharma
7.	Roshni Debnath	41.	
8.	Manolina Debnath	42.	Wiljohn Dikhar.
9.	Mahima Chowdhury	43.	Cybil Soanob. Manat
10.	Bigoya Bhattacharjee	44.	Formenlang Omer.
11.	Rupanjali Dhar	45.	Dontiku Pat. maitland
12.	Trisha Pal	46.	
13.	Tara Debbarna		
14.	Pranajit Das		
15.	Kausik Das		
16.	Anupam Saha		
17.	Rohan Raj Chakraborty		
18.	Payel Jarmatia	1.	
19.	Gracy Kalai	2.	
20.	Bishal Debnath	3.	
21.	Keshab Gouda	4.	
22.	Maimuna Begum	5.	
23.	Rashmita Peang		
24.	Bishal Choudhury		
25.	Gladys Haugthorpe		
26.	J. Pushpamary		
27.	Dola De		
28.	Suparna Das		
29.	Suchan drima Datta Bhattacharya		
30.	Ankara Jarmatia		
31.	Mounita Debnath		
32.	Tanushree Sarkar		
33.	Tushan Sankar		
34.	Prityankar Sen		

Villager's Signature



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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

Report on Yuva Samvad

On November 20, 2023, Yuva Samvad programme was jointly organized by ICFAI University NSS Uni, Regional Directorate of NSS (NER) Guwahati and Tripura State NSS Cell. Five NSS Volunteers went there to represent Holy Cross College, Agartala. One of the volunteer named, Debjani Bhattacharjee took part in the Extempore Speech Competition. The volunteers were guided by Madam Sangita Chakraborty (Asst. Professor & NSS Programme Officer) of Holy Cross College.

The dignitaries present were- Dr. A Ranganath (Registrar of ICFAI University), Mr. Jangiilong (Regional Director, NSS), Shri Tinku Roy (Minister of YAS, Tripura), Prof. Dr. Biplab Halder (Vice- Chancellor of ICFAI University), Dr. Chitrajit Bhowmik (State NSS Officer), Padmasri Dipa Karmakar (Brand Ambassador, IUT). The dignitaries given their speech on Yuva Samvad and Panch Pran of Amrit Kaal. The vote of Thanks was given by Dr. A Ranganath. After finishing the formal prog. Extempore competition was started where participants from different institutions participated in it. After the competition a NSS video was shown. Then the prize distribution occur giving 3rd position to Sunayana Ghosh, 2nd position to Papiya Shome and the 1st position secured by the volunteer of Holy Cross College, Debjani Bhattacharjee.

Mrs. Sangita Chakraborty
Assistant Professor
NSS, Program Officer
Holy Cross College
Jubatara, Lembucherra
West Tripura



GPS Map Camera



Google

Agartala, Tripura, India

W835+C3M, Lembucherra, Agartala, Debendrachandranagar, Tripura 799210, India

Lat 23.903866°

Long 91.308357°

20/11/23 10:42 AM GMT +05:30



GPS Map Camera



Google

Agartala, Tripura, India

W835+C3M, Lembucherra, Agartala, Debendrachandranagar, Tripura 799210, India

Lat 23.903866°

Long 91.308357°

20/11/23 02:15 PM GMT +05:30



The ICFAI University, Tripura
Established under section 4(2) of the Institute of Chartered Financial Analysts of India University, Tripura Act. 2004
Campus Address : Kamalghat (Near Agartala), PIN - 799210, Tel : 0381-2865752/62, Fax : 0381-2865754
Website : www.iutripura.edu.in, Email : registrar@iutripura.edu.in



NSS Unit, IUT

Ref: IUT/NSS/2023-24/MD-19-504

Date: 09-11-2023

To
The Registrar / Dean / Principal,

Holy Cross University / College,
West Tripura,

Subject: Invitation to participate in the "YUVA SAMVAD"

Respected Sir / Madam,

We are pleased to inform you that the ICFAI University Tripura NSS Unit in collaboration with Regional Directorate of NSS (NER), Guwahati, Ministry and Youth Affairs & Sports, Govt. of India and Tripura State NSS Cell is going to organize the "Yuva Samvad" at the ICFAI University Tripura Campus on 20th November, 2023 at 11:30 AM. About 150 NSS Volunteers along with NSS Programme Officers from across the different higher education institutes are going to participate in the program.

The Hon'ble Minister of Youth Affairs & Sports, Govt. of Tripura will inaugurate the program in presence of NSS Regional Director and other dignitaries.

You're cordially requested to allow your NSS Programme Officer along with 1 (one) Nos. NSS Volunteer for Extempore Speech Competition and 5 (five) Nos. of NSS Volunteers (Total 6 Nos. NSS Volunteer + 1 Nos. NSS PO) with NSS Jacket of your Unit.

Reporting time at the ICFAI University Tripura Campus by 10:20 AM.

For more information about the program contact-

1) Mr. Tapas Kumar Acharjee,
NSS National Awardee, IUT.
Phn- (+91) 8794930914.

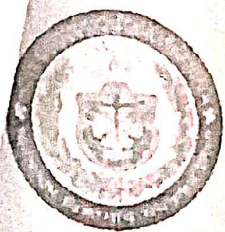
2) Mr. Biswajit Chakraborty,
NSS PO, IUT.
Phn- (+91) 9863108055.

Thanking You,

Yours Sincerely,


Dr. A. Ranganath.

Registrar,
Registrar, IUT. ICFAI University Tripura
Kamalghat, Tripura (West)



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email- principalhccagt@gmail.com

Web: www.holycrosscollege.in

Date: - 20-11-2023

This is to inform the HODs that Holy Cross College is sending 5 NSS volunteers to participate in the 'Yuva Samvad' program. The event is scheduled for 20-11-2023 at ICFAI University, Tripura, jointly organized by ICFAI University NSS Unit, Regional Directorate of NSS (NER) Guwahati, and Tripura State NSS Cell. Out of 5 volunteers, Debjani Bhattacharjee will take part in the Extempore Speech Competition.

Kindly provide them **On Duty on 20-11-2023** as they will miss their regular college classes.

Thank you for your understanding and cooperation.

Sl. No.	Name	Department & Semester	College Roll No.
1.	Debjani Bhattacharjee	Zoology-3 rd semester	413
2.	Jayasmita Ghosh	Pol.Science-1 st semester	146
3.	Utkarsh Kumar	B.Com.- 5 th Semester	465
4.	Pritam Nayak	B.Com.- 5 th Semester	450
5.	Supratim Debanath	Human Physiology- 3 rd Semester.	989

Note. They will be guided by Mrs. Sangita Chakraborty, Assistant Professor & NSS Programme Officer of Holy Cross College.


Principal

Holy Cross College.

Juabatara, Lembucherra

West Tripura-799210

PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA



THE ICFAI UNIVERSITY TRIPURA

YUVA SAMVAD

Certificate of Achievement

This is to certify that Mr./Ms. Sebioni Bhattacharjee NSS Volunteer
of Holly Cross College NSS Unit has secured
Position 1st/ 2nd/ 3rd / in Extempore competition on "Yuva Samvad" held at The ICFAI University Tripura Campus,
Kamalghat, Mohanpur, West Tripura on 20th November 2023. The Yuva Samvad organized by ICFAI University
Tripura NSS Unit in collaboration with the Regional Directorate of NSS (NER), Guwahati, Ministry of
Youth Affairs & Sports, Govt. of India and Tripura State NSS Cell, Department of Youth Affairs & Sports, Govt.
of Tripura.

Dr. Chitrajit Bhaumik
Associate Professor &
Tripura State NSS Officer
Govt. of Tripura

Mr. Jangjilong
Regional Director
Regional Directorate of NSS(NER), Guwahati
Ministry of Youth Affairs & Sports
Govt. of India

Dr. A. Ranganath
Registrar
ICFAI University, Tripura

Prof.(Dr.) Biplab Halder
Vice Chancellor
ICFAI University, Tripura

Activity :- Participated in the 'Yuva Samvad' Organized jointly by Youth Affairs & Sports, Govt. of India, Tripura State NSS cell & ICFAT University, Tripura.

Sl. No. Volunteer's Signature Date :- 20/11/2023 Venue :- ICFAT, Uni.

1. Supratim Debnath
2. Jayasmita Ghosh.
3. Utkarsh Kumar
4. Pritam Nayak
5. Debjani Bhattacharjee

Note :- Debjani Bhattacharjee has attended the Extempore Competition during this event & She got 1st prize in this.

Sangita Chakraborty
NSS PO.



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DEPARTMENT OF HUMAN PHYSIOLOGY

No. F.6/HCC/HP/2023/04

To

The Principal
Holy Cross College
Jubatara, Lembuchera, Agartala

Subject: **Permission for conducting Diet Survey and Educational Tour.**


Rev. Father,

With due respect I would like to inform you that, Human Physiology Department is going to organize a **Diet Survey and Educational Tour on 9th December, 2023** (Saturday) with our B.Sc. 3rd, 5th Semester Hons. and General students. We are proposing to visit the household of the **Tepania Village under Matabari Block, Udaipur, Gomati District**, if approved. May I also request to provide the transport facility for a total of 120 students and 5 faculties. For the proper collection of Diet survey data on time and to visit the Tepania Eco Park as a part of field trip, if the buses start at 7.30am from the college it will be easier for us to complete the task on time. After completion of the survey, we will come back to Agartala approximately within 6.00 pm.

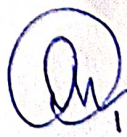
So, I pray and hope that you will be kind enough to grant the permission.

Thanking you,

Date: 9th December, 2023

Approved

13/11/2023
PRINCIPAL
HOLY CROSS COLLEGE
AGARTALA

Yours faithfully-


14/11/2023
HoD, Human Physiology

HEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA



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DEPARTMENT OF HUMAN PHYSIOLOGY

Diet Survey Cum Educational Tour

Date: 9th December, 2023

Total number of students attended: 102 Nos.

A wide variety of methods are available for use at the individual level, and their selection depends on the questions to be addressed balanced with cost considerations. As noted above, major uses of individual intake data from dietary surveys include the description of mean intakes by subgroup, description of the proportions of the population with inadequate intake of specific foods or nutrients, and comparison of dietary intake with individual characteristics, including health status. The procedure for conducting the survey is 24-hour recall method for assessment of nutritional status of a family.

On 9th of December 2023, a diet survey programme and educational tour was organized by the Department of Human Physiology of Holy Cross College for the 3rd semester Honours students and 5th semester Honours along with General students. The students conducted their survey at Madhya Para Village of Tepania in Gomati district of Tripura. The students proceeded with the survey by dividing themselves into some small groups. All the groups visited the families and collecting information regarding their daily intake of food required for normal growth, metabolism, proper functioning of body and maintaining good health. One group of students visited the house of Mr. Swapan Bhoumik whose family consisted of 2 members while another group visited the house of Mr. Nitai Chandra Pal who is living with 8 of his family members. One group of students visited the house of Mr. Raju Sarkar whose family consisted of 5 members and another group visited the family of Mr. Bikash Das whose family consist of 4 family members. Fifth group of students visited the family of Tapan Chandra Paul having family members of 5 and sixth group of students visited Biswajit Debnath's family whose family consists of 5 members. With this we got to know about their different types of food consumption that are of proteins, carbohydrates, cereals, fats oils along with their physical activity level, present/past illness and many more. After the household survey is over, we all visited the Tepania Eco Park as a part of our refreshment for us

and then inside the park we had our lunch together. The total number of students participated in this diet survey and educational tour is 102.

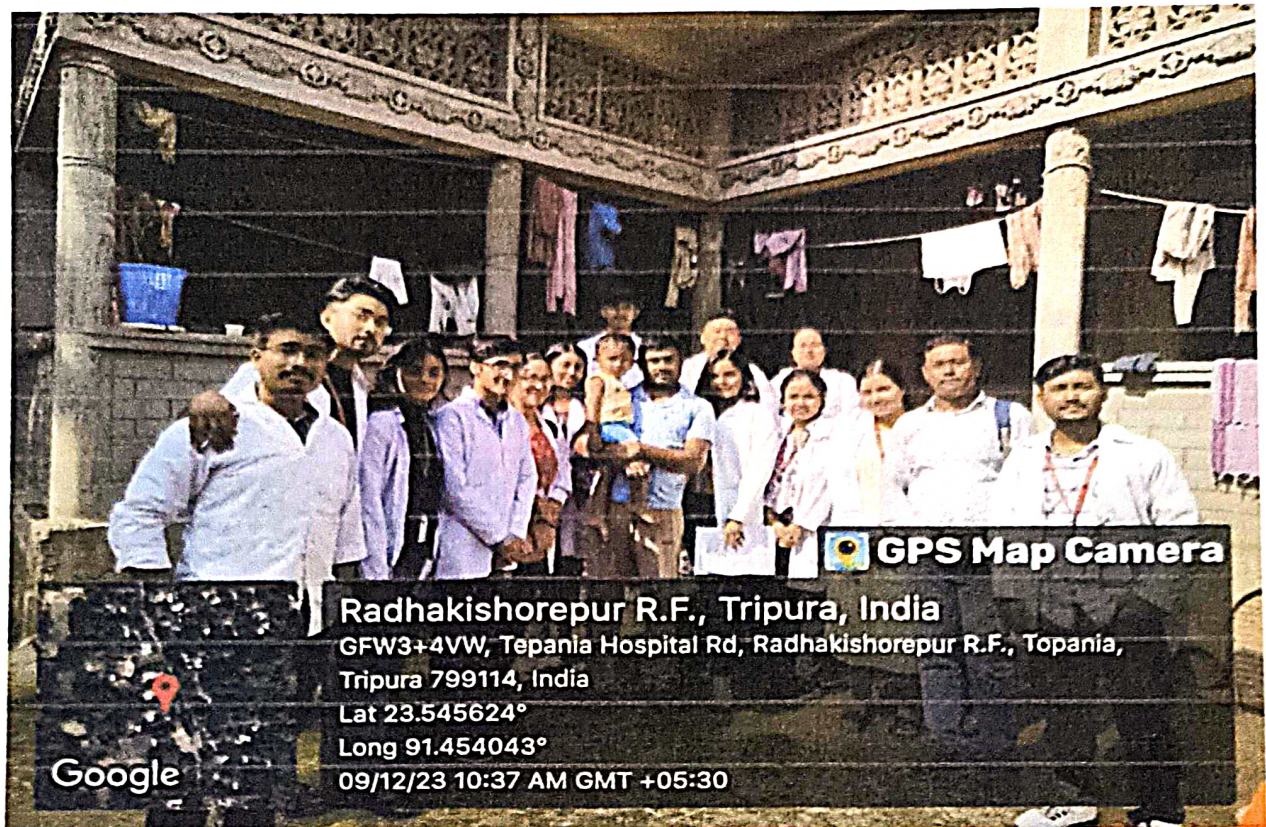
This Survey and Educational tour would not have been possible without the presence of Dr. Sushmita Saha, Assistant Professor and HoD, Department of Human Physiology, Dr. Sandeep Roy Sarkar, Assistant Professor, Dr. Ashish Kumar Singha, Assistant HoD and Assistant Professor and Mr. Kanak Chakraborty Assistant Professor and Lab Assistant Ujjal Malakar who has organized this meaningful event where we could learn new things and enjoy at the same type. We were also accompanied by Dr. Debasree Lodh, Assistant Professor and HoD, and Dr. Somnath Kar, Assistant Professor and Assistant HoD, Department of Botany. I would also like to extend my gratitude to my fellow batchmates who contributed to making this event successful.


Baarkha Debi Jamatia
3rd Semester Honours Student
Human Physiology Department



22/12/2023

MEAD
Department of Human Physiology,
HOLY CROSS COLLEGE, ACARTALA




22/12/23
Department of Human Physiology,
HOLY CROSS COLLEGE, AGARTALA





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REPORT

AWARENESS DRIVE ON ROAD SAFETY

On the 13th of December 2023, the National Service Scheme (NSS) program titled "Awareness Drive on Road Safety" was initiated by the NSS Volunteers with the primary objective of promoting awareness and instilling a sense of responsibility among the public regarding road safety measures. Prior to the commencement of fieldwork, an extensive planning phase was undertaken. A detailed framework was meticulously crafted through several meetings, involving NSS volunteers, project coordinators, and participants. The framework delineated the scope, goals, and specific activities to be undertaken during the awareness drive.

Recognizing the importance of adhering to legal and ethical considerations, before initiating any fieldwork, the project team diligently obtained all necessary permissions from relevant authorities. Collaboration was established with relevant authorities, including local police, **Lefunga Police station**. This collaborative effort aimed to leverage resources and expertise for a more impactful road safety campaign.

The fieldwork, initiated from 11am, With 37 NSS volunteers, involved a series of on-site activities which was focussed on interactive sessions with the community near Lefunga Police Station. The team actively engaged with drivers, pedestrians, and local residents, disseminating information on road safety practices, the importance of wearing helmets and seat belts, and the hazards of using mobile phones while driving.

As a part of the awareness campaign, the college volunteers will be organising a compelling drama that highlights the importance of road safety. The drama is strategically designed to resonate with the community, delivering key messages about responsible driving, pedestrian safety, and the consequences of neglecting traffic rules.

The drive will be concluded with a detailed presentation featuring slides that summarized the key findings, activities undertaken, and impact achieved during the awareness drive. The presentation will be delivered to various stakeholders, including college authorities and participants. It will be done provide a comprehensive overview of the members' hard work in achieving the drive's objectives

Mrs. Sangma Chakraborty

Assistant Professor

NSS, Program Officer

Programme Officer

Holy Cross College

Jubalpara, Lombucherra

West Tripura



Activity :- Road Safety Awareness Drive

Venue :- Lefunga, Kamalghat

Date :- 13/12/2023

Volunteer's Signature

1. Brishati Loh.
2. Arghadeep Chakraborty
3. Diptanu Debnath
4. Pinak Deb.
5. Supriti Choudhury
6. Nikita Ghosh.
7. Bipasha Paul
8. Anuradha Mog
9. Madhusmita Das.
10. Megha Chowdhury
11. Aditya Kojanbarn
12. Bishakha Ghosh
13. Arghadeep Sharma
14. Ankan Paul
15. Diya Majumder
16. Palikanta Singha
17. Rahul Debbarma
18. Souvadeep Das.
19. Sahil Ali
20. Shreya Banik
21. Niladri Debbarna
22. Sneha Deb.
23. Trisha Chakraborty
24. Satirtha Deb
25. Rahul Debbarna
26. Anshita Dey
27. Debolina Ghosh
28. Nancy Acharya
29. Bonam Debbarna
30. Liza Banik
31. Bipasha Paul
32. Shaimi Samkar

33. Eron Longman
34. Samuel Debbarna
35. Saigdra Roy
36. Jewel Dey
37. Tuhin Debbarna



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Report: Water Conservation Drive

On 14th December 2023, An NSS program was held at shipaipara (Adopted Village) and Jubatara with the theme "Save water, Save Life". The time of departure from the college was 10:30 a.m.

We (25 nos. of NSS Volunteers & Faculty In- Charge) started our rally with slogan and with some placards in our hand, then we gave some pamphlets on how to conserve the water to the local people and spread awareness among them, we cleaned the water providing area near Jubatara, placed some poster on how to reserve water and on the importance of water, Gave some water Taps to the villagers to stop the misuse of water.

The Lefunga RD Block members appreciated our drive than we went there and also cleaned a water point over there. Then we reached at the college by 12:00 p.m.

Mrs. Sangita Chakraborty

Assistant Professor

NSS, Program Officer

Programme Officer

Holy Cross College

Jubatara, Lornbucherra

West Tripura



Installing new water tap to stop the unnecessary water flow.

Activity :- Save Water, Save Life

venue :- Siparpara

Date :- 14/12/2023

Volunteer's Signature

1. Sankhasree Dey
2. Chetrita Dey.
3. Tusha Saha
4. Chandra Shriv Das
5. Mou Samkar
6. Sushmita Sharma
7. Gaurav Saha
8. Tushar Saha
9. Anvit Saha
10. Subham Saha
11. Swarnaswip Saha
12. Tania Saha
13. Disha marjumdari.
14. Jafiqul Islam
15. Shruya Saha
16. Soufany Janabin
17. Sayantika Debnath.
18. Bipasha Das
19. Sahyan Das
20. Sumiti Janatiz
21. Bishal Debbarma
22. Rohan Raj chakraborty.
23. Anvit Debbarma
24. Sameer Debbarma.
25. Chawnghisik Karping



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Report on

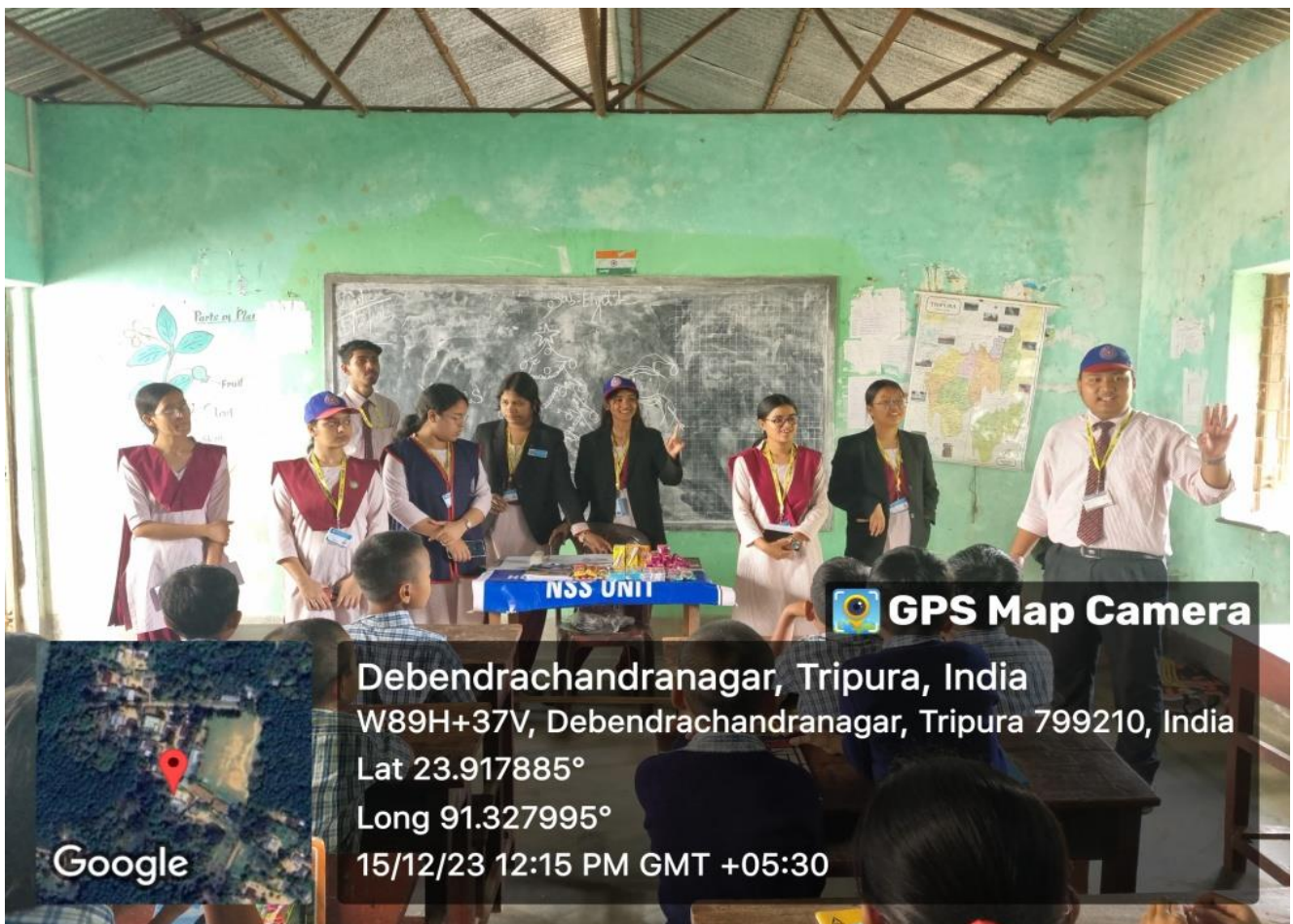
TALENT HUNT AND IMPARTING SKILL

On **15th December 2023**, An NSS Program was held at the Shipaipara High School with the theme "**Talent Hunt and Imparting Skills**". The time of Departure from the college was 11:10 a.m. with 23 nos. of volunteers and Teachers of HCC.

The First event was held at a classroom with 26 children ranging from class 5 to class 8. The Painting and Drawing competitions were the first to be held and every child participated, where volunteers have taught the school the basic skills of making portrait after that 30 minutes was the total time allotted. Three Drawings were selected as the best and the teachers distributed the awards among the three winners. The Second event was a mini quiz competition, where various questions were asked regarding the nation, and many students won prizes distributed by members of our team. The Third and the last were imparting craft-making using paper, where some of the students were taught by our team.

The Event ended with refreshment packages distributed among all the students and a photo was taken with all the students, and to cheer them up, some games were also played. After the event and the program ended, we departed from the school and reached college by 1:00 p.m.

Mrs. Sangita Chakraborty
Assistant Professor
NSS Program Officer
Holy Cross College
Jubalara, Lembucherra
West Tripura.





Prize distribution after the Talent Hunt competition.

Activity :- Imparting Education Skill & Talent Hunt Drive

Venue :- Sipaipara S.B. School

Date :- 15/12/23

SL.No	Volunteer's Signature	School Student's Name
1.	Shalu Chaudhary ★★	1. Pitte Singh
2.	Jayasmita Ghosh ★★	2. Sara Debbarma
3.	Ayesha Saha ★★	3. Habin Debbarma
4.	Ifran Ali ★★	4. Payel Debbarma
5.	Rupa Bhattacharjee ★★	5. Nisha Debbarma
6.	Trise Sarkar ★	6. Taniya Debbarma
7.	Disha Majumder ★	7. Linjenbi Debbarma
8.	Babli Debbarma ★	8. Rohit Debbarma
9.	Sonia Saha ★★	9. Bikash Debbarma
10.	Sayan A/B ★	10. Ansh Debbarma
11.	Sayan Deb	
12.	Govinda Paul	
13.	Soutik choudhury ★	
14.	Priti Saha	
15.	Homay Jama'a	
16.	Joydeep Paul	
17.	Nena Kaleri	
18.	Aeriyal Jama'a	
19.	Royal A/B	
20.	Tenal A/B	
21.	Jackson A/B	
22.	Khumbor A/B	
23.	Khakuchary A/B	

Signature of School Principal of Sipaipara.

Ram Kan Debbarma

15/12/23



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Report on Providing helping hands with the farmers.

Report Prepared By- T. Pushpamarri (NSS Volunteer)

Activity Venue: Sipaipara village (Adopted Village)

We the volunteers of Holy Cross College organized the event for the farmers in the adopted village Sipaipara. Under the guidance of our faculty members of NSS we 28 NSS student volunteers agreed to provide the help for the farmers. First of all, we had a small meeting with Mam Sangita Chakraborty, NSS Programme Officer of our college, who has provided the clear idea about the activity and then we have arranged a meeting with members where we discussed about the program. Tentatively we fixed the date for this activity and the responsibilities were shared by the volunteers. Some of our volunteers went to visit the village for to observe what the farmers are really in need of. Few volunteers went to meet the Panchayat leader and Mrs. Sukhi Debbarma, chairman of the village Sipaipara to inform them about our program and fixed the place where we could gather the farmers for the program. We worked as a team sincerely with lots of enthusiasm and at the earliest prepared all that was essential for the program.

On 18th December 2023 at 1pm we (29 volunteers) were accompanied by Sir. Laldinthara Darlong, Faculty of HCC to the Panchayat for the event. The farmers of this village were present and benefitted out of our program. Our entire program was in two languages (Bengali & Kokbrok). Supayan and Kilingsa were the anchors of the day. Baishyan Chakraborty welcomed the gathering. A skit was performed by our volunteers who provided some tips for the better cultivation and to increase the income for the farmers. Panchayat leader enlightened the participants with his speech. Poems were recited in both languages which were a note of appreciation for the farmers as they are the feeders of whole world. Sir. Laldinthara Darlong, HCC spoke on the basis of farmer's welfare. A melodious group song was sung by our volunteers followed by the distribution of saplings and slight refreshment for the farmers. Shreyan delivered the vote of thanks after which we proceeded to the farmer's house for the plantation of that sapling. Having accomplished our task, we returned to the college with full of joy, gratitude and satisfaction.

Mrs. Sangita Chakraborty

Assistant Professor

NSS, Program Officer

Programme Officer

Holy Cross College

Jubatara, Lembucherra

West Tripura



Activity :- Providing Helping Hands with the Farmers.

Venue :- Sipripara

Date :- 18/12/2023

Sl. No.	Volunteer's Signature	
1.	Koustuv Bharmik	
2.	Poulami Das.	
3.	Beauty Sarkar	
4.	Klingsa Debbarma	
5.	Roshni Debnath	
6.	Trisha Nath	
7.	Shreyan Chakrabarty	
8.	Maimuna Begam.	
9.	Tanushree Debnath	
10.	Gaby Prangkhanel.	
11.	Mehina Chowdhury	
12.	Trisha Pal	
13.	Suchetana Ghosh Chowdhury	
14.	Rupanjali Dhar	
15.	Bijoya Bhattacharjee	
16.	Dipangali Deb	
17.	Supayan Mohalanobis	
18.	Moumita Saha	
19.	Smiti das	
20.	Baishayan Chakrabarty	
21.	Babylon Tripura.	
22.	Pranamani Jamatia	
23.	Anthony Kalai	
24.	Rustam Debbarma.	
25.	J. Pushpamary	
26.	Kunaljit Sinha	
27.	Apurita Pal	
28.	Sandeep Saengma.	
29.	J. Pushpamary	



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REPORT ON WASTE MANAGEMENT DRIVE

On 18/12/2023, the volunteers of HCC conducted pre-visit at the Jubatara, Lembucherra area to conduct an activity of **Waste management**. They talked with the local shop owner's and expressed their views regarding the drive and all the activities that they are going to perform on the main day in their locality and there was a positive response from all of them all it was very much welcomed by them.

On 20/12/2023 around 20 NSS volunteers conducted a awareness rally among the shops and created awareness among them about waste management in which they told that how we need to throw waste or materials like that in a proper way and taught some of them the value of waste management for their own benefit and after the rally i.e., drive they have distributed some dustbins to local shop keepers for their usage in shops and other area's and also told them to tell everyone who ever visits their shop to not litter here and there rather throw it in a dustbin and keep the area clean, the locals were very much happy to be a part of the awareness drive and they were very much keen about these things.

Mrs. Sangita Chakraborty

Assistant Professor

NSS, Program Officer

Programme Officer

Holy Cross College

Jubatara, Lembucherra

West Tripura





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“Sharing hearts and minds”

REPORT

PLASTIC FREE ENVIRONMENT DRIVE

Date : 19th December 2023

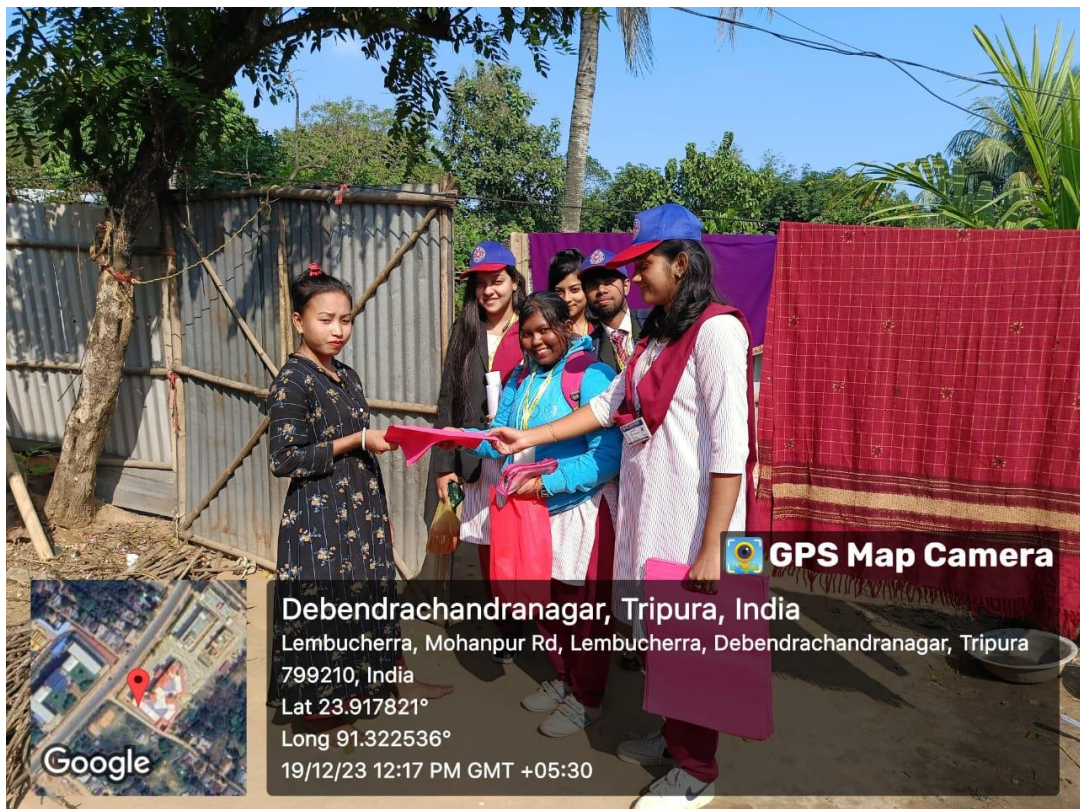
On 19th of December 2023, An NSS Program was held by the 25 numbers of NSS volunteers on the theme 'Plastic Free Environment'. The time of departure from college campus was 11:15 am.

The first event was held at Jubatara J.B. school, students from Junior Basic were present that day. The affects and effects of plastic, cleanliness and disposal of plastics were explained to them with colorful posters. A playful quiz was held at the end and chocolates were distributed among the students. The principal and staff were very welcoming and helped a lot.

Furthermore, the second event was at Shipaipara village (Adopted Village of HCC) with the help of locals and our teammates who also knows kokborok, the effects of plastic was explained. At last cloth bags were distributed among the villagers. Then a cleanliness drive was held in that area.

Mrs. Sangita Chakraborty
Assistant Professor

NSS, Program Officer
Programme Officer
Holy Cross College
Jub. Unit
Jubatara, Lambucheng
West Imphal



Activity : Plastic Free Environment

venue :- Sipairwa & Tubalara T.B. School.

Date :- 19/12/2023.

Volunteer's Signature

1. Shibangi Das.
2. Shristy Sarker.
3. Ishita Dablen.
4. Mausumi Debnath
5. Rashmita Reang
6. Priyanka Sen
7. Sita's Makhoria.
8. Aparupa Das.
9. Bisha Chowdhury.
10. Dola Dey
11. Harshadip Debnath
12. Pravin Reang
13. Riya Dey
14. Suchandima Datta Bhosmik
15. Supriya Mog.
16. Kausik Das
17. Tabes Augustine Mesta
18. Moumita Debnath.
19. Parmita Goswami.
20. Anpita Das
21. Suprajit Chowdhury
22. Jenustee Shesker.
23. Tushar Sarker.
24. Lal. Rmkur Chhange.
25. Suparna Das.